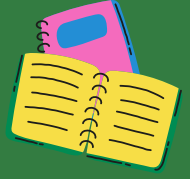




17<sup>th</sup> April 2026

# Redhill Primary Academy Mail on Friday



Email us at: [parentcontact@redhillprimary.co.uk](mailto:parentcontact@redhillprimary.co.uk)

## **Healthy Eating - Packed Lunches**

Our guidance aims to support pupils to have a balanced lunch and best prepare them for learning in the afternoon.

Packed lunches should aim to include the following:

Some starchy foods such as bread (sliced bread, pitta bread, wraps, bagels), pasta, potatoes, couscous; choose wholegrain where possible.

1 portion of fruit and 1 portion of vegetables or salad.

Dairy food such as cheese or yoghurt.

Meat, fish, or another source of protein such as eggs, beans and pulses, hummus, falafel.

Oily fish once every 3 weeks e.g. sardines or salmon.

We kindly ask that packed lunches aim to be balanced and nutritious. While sweets are not permitted, we also encourage families to limit high-sugar items such as chocolate to help promote healthy eating habits.

We thank you for your support.

## **Y3/4 Girls' Football Redhill Primary Academy vs Grange Park**

**Sunday 10<sup>th</sup> May at 10am**

**SEAH Stadium, AFC Telford, Wellington TF1 2NW**

We are incredibly proud to announce that our Year 3/4 Girls' Football Team have reached the Telford Primary Schools Final! This fantastic achievement follows an unbeaten performance in a tournament held last term.

Spectators are very welcome, and it would be lovely to see plenty of Redhill parents and pupils there to cheer the team on. Some of our staff will also be attending to support the children. If you would like to come along, please see the details above.

Entry fees: £5 – Adults, £2 – Under 16s, £1 – Under 12s

Please note that car parking charges apply. Further details can be found on the parking machines in the AFC Telford car park.

Please do not park in the Telford Whitehouse Hotel car park, as fines of £100 will be issued by them.

Good luck to the team – we know you'll do yourselves and Redhill proud!

## **Drop-in Sessions**

Drop-in sessions will resume next week. The drop-in day has been changed to Wednesday.

Please note that the time for the reception classes drop-ins will remain at 2.50pm.

All other year groups remain as morning drop-ins. Please remember that it is a drop-in and all parents/carers must have left before the register is due to be taken.

Please also remember that we cannot accommodate pushchairs and prams in school.

## School Cycled



We're excited to share that our school has joined *SchoolCycled* - a fun, hands-on recycling project that turns our plastic bottle tops into real rewards! Pupils and families collect bottle caps (nice and clean, please!), which are sent off to MYGroup to be recycled. For every kilogram collected, we earn 250 Earth Tokens that we can swap for brilliant goodies like benches, play equipment and colourful signs - all made from the very plastics we've collected!

We'd love you to spread the word and encourage family and friends to help us collect even more bottle tops. It's a great way for children to learn about looking after our planet while seeing their efforts transformed into something amazing right here at school. Keep those bottle tops coming in! Collection boxes will be ready and waiting in the school foyer, nursery and the DT area, so it's super easy to get involved.



### Aspirations and Careers Week – 18th May 2026

On 18th May, we will be holding our annual Aspirations and Careers Week here at Redhill. We are very much looking forward to an exciting week in which the children of Redhill will be inspired through a wide range of activities designed to help them explore future aspirations and career possibilities.

To enrich this experience, we are seeking volunteers from local businesses and organisations who would be willing to take part in classroom discussions, talk about their role, and answer questions from the children.

If you would be happy to give some of your time, or if you know someone who could help make this week truly memorable for our pupils, please email [Redhill@RedhillPrimary.co.uk](mailto:Redhill@RedhillPrimary.co.uk).

We greatly appreciate any support you are able to offer.  
Thank you.

### Two Homes, One Focus

Family Hubs is offering a new, targeted 4-week course, delivered by our practitioners, designed to support separated parents who want to build stronger, healthier, and more positive co-parenting relationships.

Please note: Families who are currently receiving CAFCASS support or are involved in family court proceedings will need to wait until these processes are completed before a referral can be made.

The programme starts on  
w/c 8<sup>th</sup> June from 12.30pm-2.30pm

#### **Programme Structure**

- Each parent/carer attends a separate 4-week programme.
- Sessions take place during the same weeks, ensuring both parents participate simultaneously, but never together.
- Four face-to-face, interactive group sessions (2 hours each).
- Three telephone support calls to discuss progress, implementation of strategies, and reflections at the end of the programme.
- A toolkit and resources provided to support parents, children, and the co-parenting journey.

Please contact [parentcontact@redhillprimary.co.uk](mailto:parentcontact@redhillprimary.co.uk) if you would like the school to make a referral or to find out further information.

# Friends of Redhill Primary Academy



✉ redhillfriends@outlook.com

📘 <https://www.facebook.com/redhillfriends/>

# BREAK THE RULES

Dear Parents and Carers,

Break The Rules Day is on **Friday 24<sup>th</sup> April!** It's come around so fast, and the kids are excited for this one 🎉 It is £2 to break as many rules as you like.

Tickets are available on [PTA Events](#) - Please familiarise yourself with the rules below and chat to your children about which ones they'd like to break! Just a reminder - it's not Mufti but children can wear uniform/PE kit back to front and funky socks 😊

- No crazy hair, temporary dye, wigs, or big bows
- No temporary tattoos
- No nail varnish
- No shoes other than school shoes
- No wearing face paint or make up
- No wearing odd or crazy socks or colourful tights
- No small teddies or soft toys
- No hats or caps in the classroom
- No choosing their own seat (for 2 lessons)
- No eating dessert before the main course
- No wearing uniform backwards

We have also organised a **Mufti Day on 15<sup>th</sup> May** for the children in exchange for Raffle donations - each year group has been assigned a theme, and we are kindly asking for contributions related to that theme to create fabulous hampers for the raffle prizes (see posts on Facebook for ideas!). Please ensure any food and drink items are within date up to June 25th. Here are the themes for each year group:

- Nursery: Sweets and Choc
- Reception: Crafty
- Year 1: Games/Toys
- Year 2: Drinks
- Year 3: Books
- Year 4: Spa
- Year 5: Summer
- Year 6: Garden

The raffle will be held online via PTA Events and drawn on Wednesday 20th May. Here are some of the fantastic prizes you could win, in addition to the hampers:

**Telford Tiger family tickets, 1x Wonderland child admission, 1x snow dome voucher, 1x family pass for 4 for Lower Drayton farm, 1x £20 voucher for Hickory's**

Both event tickets are available to purchase via PTA Events. We look forward to seeing the children have a great time! Thank you for your support,

*The Friends of Redhill Primary Academy.*

[www.pta-events.co.uk/friendsofredhillprimaryacademy/](http://www.pta-events.co.uk/friendsofredhillprimaryacademy/)

